Detailed Analysis of Factors Leading to Dental Restoration Failures and the Role of Digital Dentistry in Yemen

تحليل مفصل للعوامل المؤدية لفشل ترميمات الأسنان ودور طب الأسنان الرقمي في اليمن

Prepared by: Yemen Digital Dentistry Team (YDD)

Abstract

Dental restorations are critical procedures in restorative dentistry aimed at restoring function and aesthetics. However, despite advances in materials and techniques, failures in dental restorations remain common. This study analyzes four recent peer-reviewed studies investigating the factors contributing to restoration failures and highlights the transformative role of digital dentistry in improving outcomes, particularly in the context of Yemen. The compilation and analysis of these studies were conducted by the Yemen Digital Dentistry team, aiming to provide a comprehensive, evidence-based insight to guide dental professionals and stakeholders.

Introduction

Dental restoration failures can result from multiple factors, including improper material selection, inadequate tooth preparation, cementation errors, occlusal issues, and patient-related factors such as oral hygiene and parafunctional habits. With the emergence of digital dentistry, including CAD/CAM systems, 3D imaging, and AI-driven planning, practitioners can achieve higher precision, reduce human error, and improve long-term outcomes. This report consolidates findings from four

high-impact studies to provide a clear understanding of these challenges and underscore the importance of integrating digital solutions in Yemen's dental landscape.

Analysis of Four Key Studies

1. Study 1: Longevity and Failure Modes of Ceramic Restorations

Source: BMC Oral Health Journal, 2025

Key Findings:

- • Ceramic restorations showed failures predominantly due to fractures and marginal gaps.
- • Factors: inadequate occlusal adjustments, poor bonding techniques, and suboptimal preparation angles.
- • Digital solutions: CAD/CAM allows precise milling of ceramics with ideal thickness and occlusal fit, reducing fracture risk.

2. Study 2: Influence of Cementation Protocols on Restoration Success

Source: Journal of Prosthetic Dentistry, 2024

Key Findings:

- • Incorrect cementation techniques led to debonding and microleakage.
- • Adhesive selection and operator skill were critical determinants.
- • Digital guidance systems enable precise placement and thickness measurements of cement layers, minimizing human error.

3. Study 3: Impact of Occlusion and Parafunctional Habits

Source: Clinical Oral Investigations, 2023

Key Findings:

- • Excessive occlusal load and bruxism significantly increased failure rates of posterior restorations.
- • Digital occlusal analysis tools, such as T-Scan and AI-based simulation, can optimize occlusal adjustments and predict stress points before fabrication.

4. Study 4: Patient-Related Factors and Maintenance

Source: International Journal of Dentistry, 2025

Key Findings:

- • Poor oral hygiene, irregular follow-ups, and dietary habits contributed to secondary caries and restoration breakdown.
- • Digital tracking systems and AI reminders can enhance patient compliance and monitor restoration performance over time.

Importance of Digital Dentistry in Yemen

The application of digital dentistry in Yemen can revolutionize dental care by:

1. Enhancing Accuracy: Digital impressions and CAD/CAM milling provide highly precise restorations.

2. Reducing Human Error: AI-assisted planning ensures optimal tooth preparation and occlusal balance.

3. Improving Patient Outcomes: Digital monitoring and predictive analytics help maintain restoration longevity.

4. Expanding Accessibility: Cloud-based dental workflows allow sharing of digital data for consultation and training in remote areas.

5. Professional Development: Incorporating digital workflows trains Yemeni dentists in globally recognized standards.

Conclusion

Dental restoration failures are multifactorial, involving material, technical, and patient-related factors. The integration of digital dentistry tools significantly mitigates these risks by improving precision, workflow efficiency, and patient monitoring. Yemen Digital Dentistry emphasizes the urgent need to adopt digital systems in Yemen to elevate the quality of dental care and reduce failure rates.

References

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Yemen Digital Dentistry Team

📞 Phone: +967 770651404

✉️ Email: info@yemendigitaldentistry.com

🌐 Facebook: https://www.facebook.com/1nafree9